

APRIL

2019

GOOD EATS AT

CENTRAL TEXAS CHILDREN'S CENTER

SPECIAL ANNOUNCEMENTS

I'm the **BOUNDLESS BERRY**

M

Breakfast- Waffles, Blueberries, Milk Lunch- Chicken Nuggets, Cheesy Broccoli Rice, Pears, Milk Snack- PB Crackers, Applesauce 1

Breakfast- Oatmeal, Peaches, Milk Lunch- Chicken Sandwich, Peas & Carrots, Pears, Milk Snack- WG Crackers, Cheese Cubes 8

Breakfast- Cheesy Toast, Mandarin Oranges, Milk Lunch- Fish Sticks, Rice Pilaf, Peaches, Milk Snack- Ritz Crackers, Cheese Stick 15

Breakfast- Cream O Wheat, Peaches, Milk Lunch- Sloppy Joe, Baked Beans, Pineapple, Milk Snack- Animal Crackers, Milk 22

Breakfast- Waffles, Strawberries, Milk Lunch- Pepperoni Pizza, Corn, Pineapple, Milk Snack- WG Pop Tart, Milk 29

T

Breakfast- Cheesy Toast, Mandarin Oranges, Milk Lunch- Salisbury Steak, Peas & Carrots, Rolls, Milk Snack- Goldfish, Apple Juice 2

Breakfast- Biscuit & Sausage, Oranges Juice, Milk Lunch- Chicken Spaghetti, Green Beans, Mixed Fruits, Milk Snack- NutriGrin Bar, Milk 9

Breakfast- Cinnamon Toast, Applesauce, Milk Lunch- Chicken Broccoli Rice Casserole, Tropical Fruit, Roll, Milk Snack- Cereal Bar, Milk 16

Breakfast- Cheesy Egg Tacos, Mixed Fruit, Milk Lunch- BBQ Chicken, Mixed Veggies, Pears, Rolls, Milk Snack-Cheese Cubes, Apple Slices 23

Breakfast- Cinnamon Toast, Applesauce, Milk Lunch- Cheesy Hash Brown Casserole, Green Beans, Mixed Fruit, Milk Snack- PB Crackers, Milk 30

W

Breakfast- Sausage, Toast, Orange Juice, Milk Lunch- Hamburgers, Cucumber Salad, Mixed Fruit, Milk Snack- Ritz Crackers, Cheese 3

Breakfast- WG Cereal, Mixed Berries, Milk Lunch- Chili W/ Beans, Cheese, WG Crackers, Pineapple, Milk Snack-Gram Crackers, Yogurt 10

Breakfast- WG Cereal, Orange Juice, Milk Lunch- Mexican Casserole, Mexican Rice W/ Corn, Pears, Milk Snack- PB&J, Milk 17

Breakfast- French Toast Sticks, Banana, Milk Lunch- Grilled Turkey&Cheese, Peas&Carrots, Applesauce, Milk Snack- Teddy Gram, Yogurt 24

TH

Breakfast- Cream O Wheat, Peaches, Milk Lunch- Tuna Sandwiches, Spinach Salad, Apples, Milk Snack- Animal Crackers, Yogurt 4

Breakfast- Pancakes, Mixed Berries, Milk Lunch- Ham & Cheese Sandwiches, Spinach Salad, Mixed Fruits, Milk Snack- PB Crackers, Apple Juice 11

Breakfast- WG Muffins, Sausage Patty, Mixed Berries, Milk Lunch- Grilled Cheese, Snap Peas, Peaches, Milk Snack- Pb Crackers, Banana 18

Breakfast- Oatmeal, Peaches, Milk Lunch- Beef Goulash, Sweet Corn, Mixed Fruit, Milk Snack- Goldfish, Apple Juice 25

F

Breakfast- WG Cereal, Strawberries, Milk Lunch- Pepperoni Pizza, Sweet Corn, Pineapple, Milk Snack- WG Pop Tart, Milk 5

Breakfast- Cheesy Eggs, Toast, Oranges Juice, Milk Lunch- Lasagna Casserole, Corn, Pears, Milk Snack- Colorful Goldfish, Cheese Cubes 12

CLOSED 19

Breakfast- WG Cereal, Banana, Milk Lunch- Hamburger Mac&Cheese, Green Beans, Pears, Milk Snack-Gram Crackers, Banana 26

HEALTHY SUMMER MEALS FOR KIDS
No Cost For Kids 18 and Younger

"You ART What You Eat"

ART CONTEST ENDS APRIL 12TH

SquareMeals.org/artcontest



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER



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