

## **Central Texas Children's Center**



## Breakfast- Oatmeal. Applesauce, Milk

Lunch-Beef Goulash, Green Beans & Corn, Pineapple, Milk Snack- Teddy Graham, Yogurt 1. Breakfast- WG Cereal, Bananas

Lunch- Turkey Swiss Sandwiches, Peas & Carrots, Applesauce, Milk Snack- Goldfish, Juice

Breakfast- WG Waffles. Bananas, Milk

Lunch- Creamy Chicken & Rice. Broccoli, Mixed Fruit, Milk

**Snack**- Animal Crackers, Milk 3.

Breakfast- Cinnamon Toast, Juie

Lunch- Salisbury w/Brown Gravy, Mac & Cheese, Green Beans, Peaches. Milk

**Snack-** PB Crackers, String Cheese

Breakfast- WG Pancakes, Applesauce, Milk

Lunch- Beef Hamburger Helper, Corn, Peaches, Milk Snack- Cheez It. Juice

Breakfast- Cheesy Toast, Mandarin Oranges, Milk

Lunch- Cheesy Ham Hash, Green Beans, Mixed Fruit, Milk 8.

Snack- Fruit Bars. Milk

Juice. Milk

Milk

Breakfast-Eggs & Ham, Toast,

Lunch- Spaghetti & Meatball,

Snack- Animal Crackers, Milk

Sweet Corn, Mandarin Oranges,

15.

Breakfast- Cream O Wheat. Peaches, Milk

Lunch- Chicken Nuggets, Mixed Veggies, Rolls, Applesauce, Milk

**Snack-** Ritz Cheese Crackers,

Breakfast- Sausage Patty, Toast, Juice, Milk

Lunch- Cheeseburgers, Cucumber Salad, Tropical Fruit, Milk

Snack- Parle Biscuits, Milk

Breakfast- WG Cereal, Applesauce, Milk

Lunch- Chicken Spaghetti, Peas & Carrots, Mixed Fruit, Milk Snack- Graham Crackers, Milk 1.

Breakfast- Oatmeal, Peaches. Milk

Lunch- Grilled Cheese, Spinach Salad, Oranges, Milk

Snack- Teddy Grahams, Milk14.

Breakfast- WG Cereal, Bananas, Milk

Lunch- Ham & Cheese Sandwiches. Green Beans, Mixed Fruit, Milk Snack-Goldfish, Juice

16.

Breakfast- French Toast Sticks. Applesauce, Milk

Lunch- Chicken Fajitas, Mexican Rice, Mixed Veggies, Tropical Fruit, Milk

Snack-Graham Crackers. Banana

**Breakfast-** Potato Hash w/ Sausage, BB Muffins, Juice, Milk Lunch- Fish Sticks, Broccoli w/

Cheese, Rolls, Peaches, Milk

Snack- Ritz. Cheese Stick

18

Breakfast-Cream O Wheat. Bananas, Milk

Lunch- Chicken Burgers, Peas & Carrots, Mixed Fruit, Milk Snack- Cheez It, Juice

Breakfast- Cinnamon Toast. Applesauce, Milk

Lunch- Chili w/ Beans, Cheese, Ritz Crackers, Pineapple, Milk

Snack- Teddy Grahams, Milk 22.

Lunch- Pizza, Spinach Salad, Tropical Fruit, Milk

Breakfast- WG Cereal.

Oranges, Milk

**Snack**- Parle Biscuits, Milk 23.

Breakfast- Cheesy Toast, Strawberries, Milk

Lunch- Baked Chicken, Mixed Veggies, Rice Pilaf, Mixed Fruit, Milk

Snack- Goldfish, Yogurt

Breakfast- WG Waffles. Bananas, Milk

Lunch- Chili Bean Cornbread Casserole, Tropical Fruit, Milk

**Snack**-Animal Crackers, Milk25.

Breakfast- WG Cereal, Bananas. Milk

Lunch- Chicken & Stuffing Bake, Green Beans, Mandarin, Milk Snack-Graham Crackers, Milk 28 Breakfast- Oatmeal, Applesauce, Milk

**Lunch-** Taco Soup, Sweet Cornbread, Mixed Fruit, Milk

Snack- PB Crackers, Cheese Stole

Breakfast-Egg Omelet, Toast, Juice. Milk

Lunch- Tuna Pasta, Broccoli, Peaches, Milk

30. Snack-Fruit Bars, Milk

Special Announcements:

\*SUBJECT TO CHANGE\*

10.





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